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UNIVERSITY of FLORIDA

Wine Fermentation

FOR THE
#GATORGOOD

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Slides adapted from those prepared by Dr. Yang, Dr. Paulson, and Dr. MacIntosh
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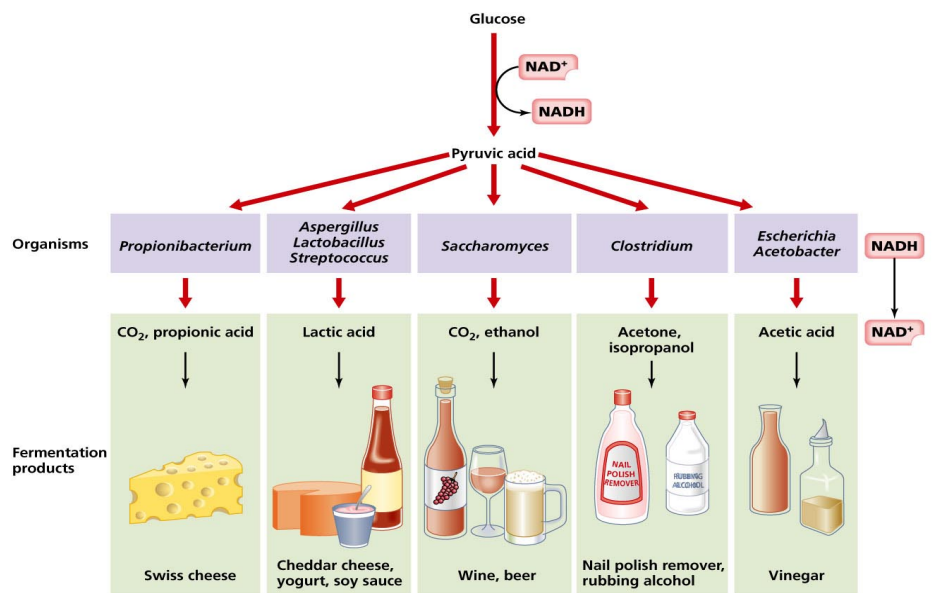
Fermentation and Gas as Preservation

<https://www.britannica.com/science/>

Food Fermentations

- Typically the metabolism of sugar into a gas, acid or alcohol
- Purpose of using microorganisms to ferment foods:
 - Improvement of shelf life
 - Improvement of product safety
 - Novel sensory characteristics
- Microorganisms used in fermented foods:
 - Lactic acid bacteria (LAB)
 - Yeast
 - Common to use combinations of LAB and yeast
 - Few molds: *Penicillium*, *Rhizopus oligosporus*, *Mucor*, *Aspergillus oryzae*
 - Other bacteria: *Acetobacter* and *Glucobacter*
- Fermented foods (examples):
 - Milk products (kefir), vegetable products (sauerkraut), beer, wine, meat products (summer sausage), vinegar, soy sauce, rice wine, etc.

Industrial Fermentations

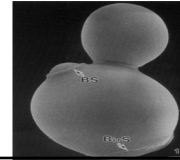


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Wine production

Processing steps:

- Grape pressing
- Water
- Sugar
- Volatiles
- Enzymes
- Protein (large and small)
- Organic acids (malic)
- Phenols



Sugars

Relative sweetness:

Sucrose = 100

Glucose = 56

Fructose = 133

Maltose = 33

Lactose = 16

- Different sugars have different reactivity, sweetness, solubility, fermentability, etc.

Table 4-1. Sugar contents (%) of fresh foods^{a,b}

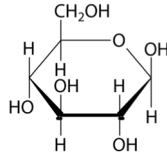
	D-glucose	D-fructose	Sucrose
Grape	6.86	7.84	2.25
Cherry	6.49	7.38	0.22
Apple	1.17	6.04	3.78
Pear	0.95	6.77	1.61
Beet	0.18	0.16	6.11
Pea	0.32	0.23	5.27
Carrot	0.85	0.85	4.24
Sweet corn	0.34	0.31	3.03
Sweet potato	0.33	0.30	3.37
Lima bean	0.04	0.08	2.59
Tomato	1.12	1.34	0.01
Onion	2.07	1.09	0.89
Broccoli	0.73	0.67	0.42
Spinach	0.09	0.04	0.06

^a unprocessed foods. ^b Modified from Reference 26.

Sugar

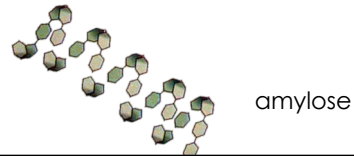
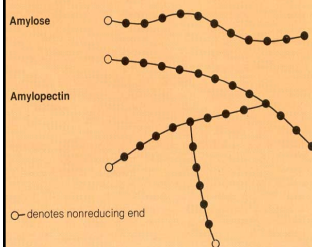
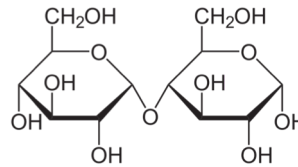
What is Sugar, what is Starch?

glucose
(a.k.a. dextrose)



$C_6H_{12}O_6$

glucose + glucose =
maltose



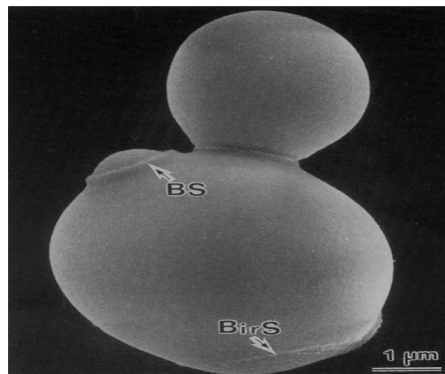
Wine production

Processing steps:

- Grape pressing
- Pasteurization of must/grape juice
- Yeast addition (pitching, 10^{6-7} cells/ml *Saccharomyces cerevisiae*)



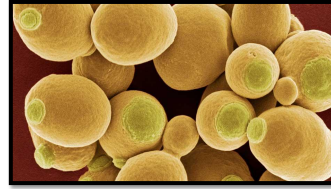
Bud scar (BS)
Birth scar (BirS)



Yeast Fermentation

What is yeast?

Single celled fungus → important to keep them alive and happy!



5 μm

1. Fermentable sugar content

➤ glucose > sucrose > fructose > maltose > maltotriose > dextrans
(ease of fermentation)

2. Free Amino Nitrogen (FAN)

➤ Yeast growth

3. Oxygen

➤ Promote growth of yeast (initially)

4. Temperature

➤ Optimal temperature depends on type of yeast:
Ale/wild yeast → 15 to 22°C (59 to 71°F)
Lager yeast → 10 to 14°C (50 to 57°F)



Wine production

Processing steps:

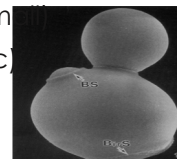
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- Fermentation of must

Grape Juice => Will ferment

- **Water**
- **Sugar**
- Volatiles
- Enzymes
- **Protein** (large and small)
- Organic acids (malic)
- Phenols
- **Air**

Wine

- **Water**
- **Yeast**
- **Sugar**
- Volatiles
- Enzymes
- **Protein** (large and sm)
- Organic acids (malic)
- Phenols
- **CO2**



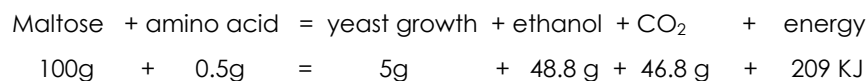
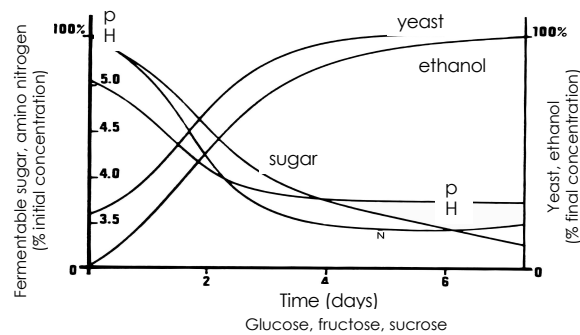
Wine production



Processing steps:

- **Grape pressing**
- **Pasteurization of must/grape juice**
- **Yeast addition (pitching, 10^6 - 10^7 cells/ml *Saccharomyces cerevisiae*)**
- **Fermentation of must**
 - (Typically 3-5 days at 20-28°C for red wines, whites are fermented at 10-18°C for 7-14 days)
 - *S. cerevisiae* converts the must sugar to alcohol ($C_6H_{12}O_6 \rightarrow 2C_2H_5OH + 2CO_2$)
 - Alcohol concentration depends on initial sugar content
 - Most wine strains will stop fermentation at 18% v/v alcohol which becomes inhibitory to the yeast cell
 - Sweetness of wine is also controlled by initial sugar content
 - Wine pH very low at around 3.5 which is inhibitory to bacterial pathogens

Process of a typical winery fermentation

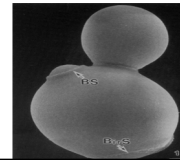


Wine production

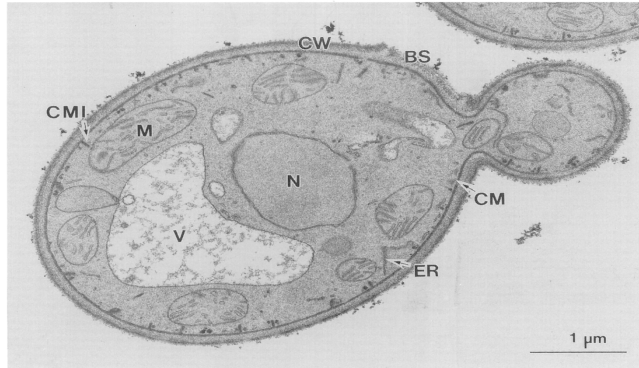


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- **Additives**
 - Sulphur dioxide (about 50 mg/L)
To inhibit yeast & bacteria
- **Settling vat (removal of yeast, malolactic fermentation)**
- **Aging**
- **Bottling**

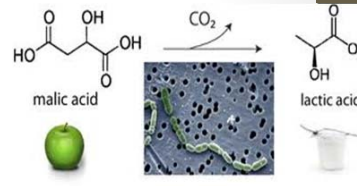


Fermentation - Yeast



LAB Fermented Products

- **Malo-lactic fermentation**
 - Convert L-malic acid to lactic acid and CO_2
 - Used to reduce acidity in wine
 - *Oenococcus oeni* (formerly *Leuconostoc*)
- **Fermented milks:**
 - Primary fermented milk product is yogurt (from Turkish "Jugurt")
 - Thickening of milk through bacterial/microbial acidification
 - Antimicrobials unwanted in the milk
- **Production of yogurt:**
 - Add solids to improve texture (8.5% to 11-15% solids non-fat)
 - Homogenize milk (100 kg/m^3 , $< 2 \mu\text{m}$)
 - Sterilize at $80\text{-}90^\circ\text{C}$ for 30 min
 - Inoculate (pH 6.5, 10^7 cfu/ml) and incubate at $40\text{-}43^\circ\text{C}$ for 4 h (pH 4.6, $> 10^8 \text{ cfu/ml}$)
 - pl for casein is 4.6 - coagulate
 - Microbial guidelines for yogurt:
 - $> 10^8 \text{ cfu/ml}$ of each of the yogurt bacteria
 - Less than 1 coliform/g, 1 mould/g and 10 yeast/g



Fermented vinegar

- **Two stage fermentation:**
 - First stage: Conversion of carbohydrates to ethanol (anaerobic)
 - $C_6H_{12}O_6 \rightarrow 2 CO_2 + 2 C_2H_5OH$
 - Second stage: Conversion of ethanol to acetic acid (aerobic, oxidation of alcohol to acid):
 - $C_2H_5OH + O_2 \Rightarrow CH_3COOH + H_2O$ (overall reaction)
 - Some strains of bacteria (including members of Clostridium) may not use intermediate:
 - $C_6H_{12}O_6 \rightarrow 3 CH_3COOH$ (overall reaction)
- **Acetification bacteria**
 - *Acetobacter* and *Gluconobacter*:
 - *Acetobacter* spp. are preferred because *Gluconobacter* may over-oxidize producing CO_2
- **Difficult organisms to grow, so new batches are commonly inoculated with a starter from a previous fermentation**
- ***Acetobacter* species commonly found in cultures:**
 - *A. europaeus*, *A. hansenii*, *A. acidophilum*, *A. polyoxogenes* and *A. pasteurianus*



Why are pH and TA important?

- Flavor (tartness)
- Microbial growth
- Enzyme activity
- Redox reactions
- Preparation of fermented foods (e.g., beer, wine, pickles, yogurt, sauerkraut, etc.)
- Production of jams and jellies (effect on pectin)
- Color and flavor retention in fruit products
- Stability of colloidal systems

Increased Acidity (lowered pH)

acidity slows down growth of spoilage organisms and pathogens
 pathogens won't grow, spores won't germinate at $pH < 4.5$
 (e.g., fruit juices, sauerkraut)

above pH 4.5, must sterilize for shelf stability

below pH 4.5, can pasteurize

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Fermentations

- In the presence of O₂, aerobic metabolism can yield ~38 ATP
- In the absence of O₂, NADH cannot be used by the electron transport chain (if available to the organism)
- Various types of fermentations:
 - Alcoholic fermentation: $\text{Glucose} \rightarrow 2 \text{CO}_2 + 2 \text{CH}_3\text{CH}_2\text{OH}$
 - Lactic acid fermentation: $\text{Glucose} \rightarrow 2 \text{CH}_3\text{CHOHCOOH}$
 - Mixed acid fermentation: End products a mix of ethanol and acetic, lactic, succinic and formic acids (enterobacteria)
 - Propionic acid fermentation: End product mainly propionate
 - Butyric acid fermentation: End products butanol and butyrate (clostridia)
- Energy yield is only 2-4 ATP per glucose molecule
- Some fermentative bacteria such as lactic acid bacteria lack the electron transport chain and only use fermentation

Fin

- Extra slides

Physical Test

- A simple pierce apparatus is typically used to assess pressure and temperature:
- Assumed to be at equilibrium
- CO₂ dissolved determined from chart or equation



Carbonation

→ Carbonation

- Fermented product is cooled to ~4°C/39°F

2 methods:

1. **Bottle (secondary fermentation)**
 - Add sugar; yeast will produce CO₂
 - Produces sediment in bottle
 - Common for homebrewers
2. **Forced**
 - Force CO₂ through a carbonation stone directly into the beer
 - Want small bubbles that barely reach the surface
 - CO₂ primarily used → partial nitrogen also possible



Carbonation stone
 ➢ Pore size: 0.5-2 μm
 ➢ Steel, ceramic

Carbonation

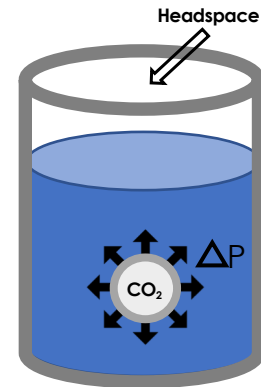
Factors affecting efficiency of forced carbonation:

1. Bubble size → smaller is better:
 - Smaller bubbles give larger surface area to volume ratio
 - Larger pressure difference, inside > outside bubble
2. Agitation due to bubble formation → prevents concentration gradient (of CO₂)

Higher applied pressure + small pore size = smaller bubbles

BUT

if applied pressure is too great, headspace pressure will equilibrate therefore slow CO₂ diffusion in beer



Conditioning

Factors affecting efficiency of forced carbonation:

- Temperature of beer
- Carbonation stone → pore size and material: steel vs. ceramic

**wetting pressure: minimum pressure required to just start carbonation, usually 5-8 psi (34.5-55.2 kPa)

